

Katherine May

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Whitstable UK

<https://katherine-may.co.uk/>

[Linktree](#)

Bio

Katherine May is an internationally bestselling author and podcaster living in Whitstable, UK. Her most recent book, *Enchantment* became an instant New York Times and Sunday Times bestseller. Her internationally bestselling hybrid memoir *Wintering: The Power of Rest and*



Retreat in Difficult Times was adapted as BBC Radio 4's Book of the Week, and was shortlisted for the Porchlight and Barnes and Noble Book of the Year. *The Electricity of Every Living Thing*, her memoir of a midlife autism diagnosis, was adapted as an audio drama by Audible. Other titles include novels such as *The Whitstable High Tide Swimming Club*, and *The Best, Most Awful Job*, an anthology of essays about motherhood which she edited. Her journalism and essays have appeared in a range of publications including *The New York Times*, *The Observer* and *Aeon*.

Katherine's podcast, *How We Live Now*, ranks in the top 1% worldwide, and she has been a guest presenter for On Being's *The Future of Hope* series.

Katherine lives with her husband, son, two cats and a dog. She loves walking, sea-swimming and pickling slightly unappealing things.

Katherine's agent is Madeleine Milburn at Madeleine Milburn Literary, TV & Film Agency.

BOOKS & PODCAST

Books

- **Electricity if Every Living Thing** tells the story of the year in which Katherine comes to terms with her diagnosis. It leads to a re-evaluation of her life so far - a kinder one, which finally allows her to be different rather than simply awkward, arrogant or unfeeling.
- **Enchantment** is the flow up of Wintering
 - "I love Katherine May's new book, Enchantment.... It's a beautiful offering of light, truth and charm in these strange, dark times." Anne Lamott

Podcasts

- **How We Live Now** Interview format [podcast](#)
- **Divergent Conversations** on [Insta](#) interviews with autistic arts workers

