

# Neurodiversity & Mental Wellness November 12th Meeting

## Date and Time:

13 November 2020 - All items on the board  
02:21 (UTC+00:00)

## Facilitator:

Tessitura User Groups 2

## Attendees:

Maria Christus, Meredith Woolard, Heath Wilder, Tom Brwon, Christy

## Summary:

## Actions:

## Learnings:

## Topics discussed:

What's one thing you would change about your work environment or culture to feel better aligned?

Votes: 4

Suggested by: Tessitura User Groups 2

### Comments:

- **Meredith Woolard**  
Pre-covid vs. Covid answers probably differ. I miss being with people in person and building deeper friendships with colleagues.
- **Tessitura User Groups 2**  
I would love to have a culture where it's okay to have contact boundaries.

Tips for starting the conversation about neurodiversity and mental wellness at your own workplace

Votes: 4

Suggested by: Tessitura User Groups 2

### Comments:

- **Tom Brwon**  
<a href='https://www.linkedin.com/feed/update/urn:li:activity:6732075037966315520/' target='\_blank'>https://www.linkedin.com/feed/update/urn:li:activity:6732075037966315520/</a>

- **Heath Wilder**  
Sharing in the office is good things that work for anyone like Bullet Journals etc
- **Tessitura User Groups 2**  
<a href='https://www.tessituranetwork.com/Items/Articles/Thought-Leadership/2019/Welcoming-the-Widest-Audience'  
target='\_blank'>https://www.tessituranetwork.com/Items/Articles/Thought-Leadership/2019/Welcoming-the-Widest-Audience</a>

What's brought you joy this week?

Votes: 3

Suggested by: Tessitura User Groups 2

**Comments:**

What kinds of Adaptive Technology do you use?

Votes: 2

Suggested by: Tom Brwon

**Comments:**

- **Tessitura User Groups 2**  
Dark Mode on all my screens!
- **Tessitura User Groups 2**  
f.lux - blue light filter
- **Tessitura User Groups 2**  
Text-to-Speech

**Topics voted on but not discussed:**

What sort of training or guidance do managers get around Diversity and Accessibility.

Votes: 2

Suggested by: Tom Brwon

**Comments:**

**Suggested topics with no votes:**

What is your organisations approach to diversity and are there specific room for improvement

Votes: 0

Suggested by: Heath Wilder

**Comments:**